



REGENT —NEWS—



Apr 30th 2009 (Week 1)

PRINCIPALLY SPEAKING...

Dear Regent Community

Welcome to Term 2. I hope everyone enjoyed the holiday break and managed to enjoy time away from the school routine.

I take this opportunity to welcome our new students Ben Hilton in Year 4, Natalie Rivers in Year 3, Jessica Moribito Year 3 and Jessica's sister Sarah in Year 1. A special welcome also to our new Kindy children Ekanmoor Sran and Adit Thundathil.

Luke 15:4

So Jesus told this story: "if you had a hundred sheep and one of them strayed away and was lost in the wilderness, wouldn't you leave the ninety-nine others to go and search for the lost one until you found it?"

REGENT COLLEGE

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Welcome to Mr Bradley Slater who is taking over as the bus driver for our Southern Run. Bradley is taking over from Mr John Ottaway. John has been with us for 12 months and is now looking to return to do some driving for a coach company. We wish him all the very best for the future.

You Can Do It and Character First

This term we will be encouraging children to think about the importance of **organisation** and the two character traits of **determination and thoroughness**.

Organisation is listed as one of the key attributes of an effective learner.

This term we are focusing on the following elements of organisation at school:

1. Setting achievable goals and doing my best
2. Time management
3. Making sure I have my resources ready for each lesson.
4. Keeping a neat, tidy desk and school bag.
5. Making sure I am clear on instructions before I commence a task.

I am sure that opportunities will present themselves beyond the school environment through which this skill can be considered and developed.

Important Reminders

School Start and Finish Times –

School commences at 8:30 a.m, each day and concludes at 3:00 p.m. **Please note:** There will be no teacher on playground duty before 8:15 a.m. As a consequence parents are requested to avoid dropping their children at school before this time.

Children Leaving the School during School Hours –

Please inform your child's teacher of any appointments that your child may be involved in during school hours. Please sign your child out at the Front Office when you have collected them.

Parking – Parking in and around the school during peak periods is often at a premium. Please be mindful of the following considerations when parking in the streets bordering the school:

1. Please do not park in the bus bays.
2. Please do not park on the grass verge at the corner of Colombo and Horden Streets as this obstructs the view of traffic endeavouring to cross the intersection.
3. Please do not park in the grounds or driveways of the Seventh Day Adventist School.

Parking safely and legally is always a better option even if it means a short walk to the school.

Peanut and Nut Allergies

We do have children at Regent who are severely allergic to peanuts and other nuts (eg pinenuts, hazelnuts cashews). Exposure (consumption, smelling and/or touching any residue left on class resources, sport equipment etc) can lead to **anaphylaxis**, a life threatening allergic reaction.

As a community we aim to make the college as safe as feasibly possible for all our children. Therefore, while the college appreciates that for some children finding an alternative spread to peanut paste or nut spreads may be difficult, please do not allow your child to bring food containing peanuts, peanut paste or nut spreads to school.

Due to the number of children with severe tree nut allergies we also discourage their consumption at school.

Thankyou for your consideration of this important safety issue.

National Assessment Program, Numeracy and Literacy (NAPLAN)

The National Assessment Program in Numeracy and Literacy will take place for students in Years 3, 5 and 7 in Week 3 of this term (May 11 – 18). All schools in Australia will complete the tests on the same days.

Mike Taylor

Principal

UNIFORM SHOP NEWS



The Uniform Shop is open on **TUESDAYS** only from **8.30am to 10.30am**. Spare Uniform Order Forms are available from the Front Office. Please note that children are to wear winter uniforms in Terms 2 and 3.

Mrs Warwick

Music Notes

Private Music Lessons Term 2

Those families with students taking lessons with Mr Bastian (Snr) and Mr Bastian (Jnr) please note they will be away Weeks 1, 2 & 3 this Term and accounts will be adjusted accordingly. Accounts for both these tutors should be paid by week 4, when lessons recommence.

Music Scholarship Application forms are now available and any music students wishing to apply for a scholarship should collect a form this week from Mrs Sebbage and return it by next Wednesday May 6th.

Thankyou,

Mrs Sebbage



MATHS – Numero Card Game

Numero Cards are available from the Front Office for \$15.00 a packet.

Mrs Innes

EDU-DANCE

STARTS TOMMOROW



This term will see the return of the Edu-Dance programme for Yr 1-7 students.

This programme was very popular last year and we are

looking forward to another great term of dancing!

All Yr 1-7 students will have a dance lesson on MONDAYS in Term 2. This will take the place of their normal sport lesson with Mrs Knight/Mr Tracy.

As Monday was a public holiday this week's lesson will take place tomorrow - **FRIDAY 1ST MAY.**

Students will need to be dressed in their **SPORT UNIFORM.**

Parents will be invited to an Edu-Dance concert to be held on the afternoon of Monday 22nd June. Further details will be available next term.

Mrs Knight

ICE CREAMS FOR SALE ON FRIDAYS

Ice creams will be available from the canteen on Fridays again this term. Prices range from 80c to \$2.00



Mother's Day

MOTHER'S DAY STALL

The Yr 6/7 class will be running a Mother's Day Stall next **Friday 8th May.**

Each class will be given the opportunity to visit the stall and students may buy their mother or grandmother a gift if they would like to.

Many of the cards and gifts are handcrafted. They range in price from \$3 - \$10. Parents are asked to ensure that students do not bring more than \$10 to school.

Mrs Knight

KINDY ENROLMENTS FOR 2010

If you have a child ready for Kindy in 2010, please ensure that you have completed their application form. Places are filling fast!!!!!! Kindy 2010 is for children born 1/7/05 – 30/6/06. Applications can be collected from the Front Office.

Administration



FRIDAY 15th MAY 2009

Yes, it's on again! Put your best foot forward on Friday 15 May for national Walk Safely to School Day! On this day, all children and young people are encouraged to get walking and parents and carers are asked to walk all or part of the way to school with their young child.

Thousands of school-aged children around Australia will be joining in the event which aims to:

- encourage children and young people to develop healthy habits by becoming more physically active from a young age. And walking is one of the best forms of exercise – it's free, can be done anywhere and by almost anyone!
- help save our environment by creating less greenhouse gas from vehicle car emissions

- lessen hazardous traffic congestion around the school gates.

Parents are asked to walk their young children to school but if you can't walk the whole way, combine a walk with public transport or simply park the car a good distance away from the gates and walk the rest of the way!

Parents, parent groups and teachers are also being invited to organise special events for the day, such as a healthy breakfast for every child/student who walks to school. A special Walk Safely to School Day menu, developed by leading nutritionist Dr Rosemary Stanton is available from www.walk.com.au and includes fresh fruit, a bottle of water or juice, cereal and milk and a packet of sultanas.

Research reveals that good habits if started young are more likely to last a lifetime. So go on, hold your child's hand and Walk Safely to School on Friday 15 May!

For more information, visit www.walk.com.au





Pete: 0428 451 189

Stuart: 0410 341 404

www.fuelup.rivcc.org.au

Game Day: Saturday mornings

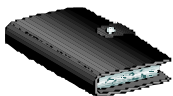
@ Belmont Oasis

Training: Mondays @ 3.30pm

@ Belmont City College Gym

SEASON – COST: \$5 per game

DATES FOR YOUR DIARY



TERM 2 – 2009

- May 1st Edu-Dance lessons
- May 5th Kindy 2 PLO Screening
- May 7th Kindy 1 PLO Screening
- May 8th PP/Kg Afternoon Tea
- May 12th Kindy 2 PLO Screening
- May 14th Kindy 1 PLO Screening
- May 15th Walk to School Day
- May 15th PP Excursion 9am – 3pm
- May 19th Music Incursion
- May 24th Year 1 Excursion
- May 27th Kindy PLO Screening
Kindy Parents Night
- June 1st PUBLIC HOLIDAY**
- June 4th Photo Day
- June 5th Photo Day
- June 10th Year 7 Immunisation
- June 22nd Edu-Dance Concert
- July 3rd LAST DAY OF TERM**

2009 P & F CONTACTS

P & F PRESIDENT

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Susan Tobiassen

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2009 TERM DATES

TERM 2: (Wed) 29th April – 3rd July

TERM 3: 20th July – 25th September

TERM 4: 12th October – 11th December

BUS DRIVERS

Northern Bus Run

0437 287 014 – Tony Scacchi

Southern Bus Run

0402 831 432 – Brad Slater

UNIFORM SHOP

Phone: 9470 4569

Mrs Kay Warwick

Opening hours Term 2:

8.30am 10.30am

ACCOUNTS DEPARTMENT

Phone: 9470 4569

Ms Leena Sumukhan

(Monday – Wednesday)

AFTER SCHOOL CARE

Phone: 9470 4569

Miss Courtney Smith

(Mon – Fri 3.00pm – 6.00pm)

Mrs Anju Gulati

(Mon – Fri 3.00pm – 6.00pm)

MT HENRY DENTAL CLINIC

Phone: 9313 0552

43 Mt Henry Road,

Como, 6152

COMMUNITY HEALTH NURSE

Phone: 9313 1150

Joan Tait

COMMUNITY NOTICES AND EVENTS

BROCHURES AVAILABLE FROM THE FRONT OFFICE

2009 National Assessment Program
Literacy and Numeracy: Information for
parents.

Unplug and play. How to limit your
child's electronic entertainment to less
than two hours a day and encourage
active play.

Grasshopper Soccer. Term 2 program.
Real soccer fun for boys and girls aged
3 to 12 years old.

Kip McGrath Education Centres: Catch
up, keep up and get ahead. Your child
can do english, reading, spelling and
maths.

Helen O'Grady Drama Academy Kids
Love Drama: To find out more, please
phone 9242 4722 or visit
www.helenogrady.com.

MERCEDES COLLEGE FETE

Sunday 3rd May between 10am – 4pm,
Victoria Square, Perth (Near St Mary's
Cathedral and Royal Perth Hospital).
Street parking available around the
school and major carparks throughout
the day. GIANT AUCTION (12.30pm)
and MAJOR RAFFLE (Drawn 3.30pm)

The Green Goddess & The Additive Queen Join Forces

Join **Narelle Chenery** and **Julie Eady** as they share their knowledge and experience of the food and beauty industries to make you an informed consumer and improve the health and well being of your family.

Narelle is the creator of Miessence, the world's first certified organic skin care and personal care range. She is a passionate educator and activist for social and consumer change, speaking worldwide to business leaders, entrepreneurs, cosmetic industry professionals and government bodies. Narelle, a mother of three, has also written articles for leading health publications.

Narelle is passionate about empowering and educating consumers on how to avoid harmful chemicals in their products. "Misleading labels and clever marketing gimmicks relating to organic content can often mask the use of potentially toxic ingredients" she says, "which seriously undermines the integrity of the organic claim."

The majority of the more than \$100 billion dollar world-wide cosmetic industry supports a toxic chemical industry. Narelle quotes Gandhi, "Non-cooperation with evil is a sacred duty", and adds "Education is the key. If we know how to read labels, we can choose to avoid toxins."

Julie Eady was a young mother in Perth's suburbs when the birth of her first child seven years ago prompted her to have a better look at what her baby was actually consuming.

She deciphered all the little numbers listed on the ingredients list of a wide

range of processed foods and discovered that many of the additives – designed to enhance food's flavour, colour or texture – were either banned or restricted in other countries.

She says some of the additives have even been linked to behavioural problems in children, allergic reactions and even cancer.

Additive Alert, Your Guide to Safer Shopping was published in 2004, and sold over

25,000 copies in its first year, confirming the demand by consumers for factual information about our food. It is one of the best selling references available on food additives in Australia, and has become a household shopping "bible" for thousands of consumers around the country.

Details of the seminar:

Tuesday 5th May between 7 - 9pm at The Church of Christ, cnr Murray & McNabb Sts, Como. Cost \$10

This exciting and informative public seminar is not to be missed and bookings are essential.

Please ensure that you book early to secure your seat and receive further details.

**Call Jo on 1300 85 99 46
www.chemicalfreebychoice.com**